

CAC Meeting: 27 September 2023



Central Area Council

Central, Dodworth, Kingstone, Stairfoot, Worsbrough

Picture of Dearne Valley Park by Jim Cureton



Performance Management Report

Quarter One: April - June 2023

Central Area Council - Priorities, Principles and links to Corporate Outcomes 2023 - 2024



Reduction in loneliness and isolation in adults & older people



Improvement in the emotional resilience & wellbeing of children and young people



Creating a cleaner & greener environment in partnership with local people



Supporting Vulnerable People

Ensuring the following principles are promoted and embedded in all that we do:

Community cohesion and integration

Social value

Healthy and active lifestyles

Contributing to the following Corporate Priorities and Outcomes:

Barnsley - the place of possibilities

Healthy Barnsley

People are safe and feel safe

People live independently with good physical and mental health for as long as possible

We have reduced inequalities in health and income across the borough

Learning Barnsley

People have the opportunities for lifelong learning and developing new skills including access to apprenticeships

Children and young people achieve the best outcomes through improved educational achievement and attainment

People have access to early help and support

Growing Barnsley

Business start ups and existing local businesses are supported to grow and attract new investment, providing opportunities

People have a welcoming safe and enjoyable town centre and physical towns as destinations for work, shopping leisure and culture

People are supported to have safe, warm sustainable homes

Sustainable Barnsley

People live in great places, are recycling more and wasting less, feel connected and valued in their community.

Our heritage and green spaces are promoted for all people to enjoy

Fossil fuels are being replaced by affordable and sustainable energy and people are able to enjoy more cycling and walking

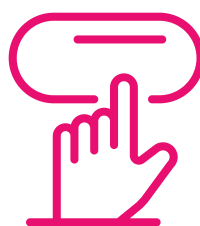
Enabling Barnsley

We are a modern, inclusive, efficient, productive and high-performing council

OVERVIEW OF PERFORMANCE

Contract meetings were held for all Central Area Council commissioned services and grant contract providers this quarter. This report is a summary of delivery from Quarter One 2023-2024.

Central Area providers' contributions to some Stronger Communities' Key Performance Indicators in Q1 are highlighted below.



Full reports and data from all providers are available from the area team. The "request" icon signifies more detail on case studies is available.

The majority of current Central Area Council commissioned services and grant agreements are scheduled to end March 2025 giving members a unique opportunity to review all priorities together during 2024.



456
Adult Volunteers



2425
Total Volunteering Hours



42
Community Groups Supported



£11,173
Additional funding e.g. donations, matched funding etc.



£33,215.65
Cashable Value of Volunteering



736
Residents supported to improve their emotional health & wellbeing

Contractual Overview for 2023-2024

Providers appointed to deliver a series of services that address the priorities and deliver the outcomes and social value objectives for the Central Area Council.

Service	Priority	Provider	Contract Value (this year)	Contract Dates	Grant / Commission
Advice Drop In			£29,597.00	1 April 2023 - 31 March 2025	2023 Central Wellbeing Fund
My Community, My Life			£40,000.00	1 April 2021 - 31 March 2023 Extended to 31 March 2024	Social Isolation Challenge Fund
Thriving Communities			£41,800.00	1 April 2021 - 31 March 2023 Extended to 31 March 2024	Social Isolation Challenge Fund
Reds Connects			£15,500.00	1 April 2021 - 31 March 2023 Extended to 31 March 2024	Social Isolation Challenge Fund
Unity Project			£139,876.00	1 April 2023 - 31 March 2025	Central Area Council Commissioned
Detached Youth Work			£12,934.00	1 July 2022 - 30 June 2024	Youth Work Fund
Street Smart			£52,000.00	1 July 2022 - 30 June 2024	Youth Work Fund
Clean and Green			£110,000.00	1 April 2022 - 31 March 2025	Central Area Council Commissioned
Targeted Household Fly-tipping Service			£35,000.00	1 April 2022 - 31 March 2025	Service Level Agreement - CAC Commissioned
Private Rented Housing Support Service			£35,000.00	1 April 2022 - 31 March 2025	Service Level Agreement - CAC Commissioned
Uplift Project			£15,000.00	1 October 2022 - 3 September 2024	Central Wellbeing Fund



Advice Service

Benefits Advice Access by Ward

Ward	Jan-Mar 2023	Apr-Jun 2023
Central	124	89
Dodworth	109	77
Kingstone	146	99
Stairfoot	84	103
Worsbrough	133	103
Total	596	471



DIAL Barnsley provide confidential information, advice and support to enable local people to achieve their aspirations and live independent lives. This quarter 91% of residents who attended outreach have reported a reduction in anxiety and improved wellbeing; and 98% of residents who attended outreach have reported feeling more confident and having an improved outlook.



103

Households supported who are experiencing fuel poverty



127

Residents attended advice sessions



£1,370

Cashable Value of Volunteering



100

Total Volunteering Hours



£104,208

Unclaimed Benefits Generated since April 2023



471

Residents accessed benefits advice

Q1 Case Study



Before DIAL

Mr & Mrs F are an older couple in their mid 70's. They both have long term health conditions. Mrs F has had PIP enhanced care & enhanced mobility previous to visiting DIAL & Mr F has standard care of PIP. Mr F contacted DIAL wanting to have his PIP care reviewed.

After DIAL

Mr & Mrs F were awarded a Pension Credit Guarantee Income of £124.54 per week; a Council Tax Support Saving of £26.06 per week and a Housing Benefit Application Saving of £98.00 per week. That's a total increase of **£248.60** per week leaving them feeling less stressed about money and not as worried daily; able to afford food and warmth; with reduced daily anxiety & depression and their Mental and emotional health needs met



My Community, My Life

The project has three elements, individual social isolation through 1:1 intervention with the Social Inclusion Team, group development and support, and community development work. Service users also receive Information and Advice from the I&A Officer. Benefits were the most popular type of I&A enquiry dealt with this quarter with Dodworth seeing the highest client demand followed by Kingstone.



By Ward	1:1 Intervention	I&A
Central	8	5
Dodworth	20	11
Kingstone	13	10
Stairfoot	18	7
Worsbrough	15	5
TOTAL	74	38



28
Adult Volunteers



13
Community Groups Supported



£15,138.50
Cashable Value of Volunteering



1105
Total Volunteering Hours



£6,070.34
Additional funding e.g. donations, matched funding etc.



223
Adults supported to improve their emotional health & wellbeing



£50,221.16
Unclaimed Benefits Generated since April 2023





Thriving Communities

The goal of the Thriving Communities Project is to cultivate community initiatives that encourage connection, collaboration, and support among diverse and marginalised groups in the area. The focus is on working with hard-to-reach individuals who identify as feeling lonely or isolated.



This quarter there has been a growing demand due to social isolation/loneliness on the befriending service - there is a volunteer allocated to support the befriending calls. Demand for one-to-one support remains steady and sessions are offered on a weekly basis. In order to maximise project staff capacity, a larger proportion of these sessions is undertaken by volunteer befrienders.



3
Adult Volunteers



2
Group attendance



£671.30
Cashable Value of Volunteering



49
Total Volunteering Hours



47
One to One Sessions Delivered



119
Adults supported to improve their emotional health & wellbeing

Q1 Case Study



Summary

Daniel struggled with his mental health following a traumatic grief event in his life. He was diagnosed with Chronic Anxiety Disorder which he'd struggled with for most of his adult life. At the point of first contact the client was isolated and struggling to get out of the house because of the impact of his mental health.

Since joining the project, Daniel has been able to make changes to his lifestyle, get out more and begun to make efforts to build a social network. He has recently moved house and already begun rebuilding his life. Daniel has a more hopeful outlook on life and an increased determination to make a way forward



Reds Connect

Reds Connect continues to create opportunities for local people in the Central Area to engage, participate and connect. thus helping to address social isolation and loneliness, allowing participants to engender new relationships and enable local people to get active. Delivery has continued as normal across all four aspects of the programme this quarter with a few new faces across the sessions especially the exercise session. Participates also continue to develop relationships and closer bonds with each other.



BARNSELY FC COMMUNITY TRUST



5
Adult Volunteers



72
Total Volunteering Hours



50
Football / Walking Football Attendees per session



61
Exercise Class Attendees per session



17
Walking Group Attendees per session



23
Sporting Memories Attendees per session

The team continues to work with several partners for both referral and promotion purposes. These include Barnsley Council, Social Prescribing, Health and Wellbeing Coaches, Game Changer and Live Well Barnsley. This quarter Reds Connect were invited to and attended several Wellbeing Events and Health Fayres including the Job Centre, Berneslai Homes and numerous school sports day events.



Building Emotional Resilience in Children & Young People



YMCA UNITY PROJECT

Building emotional resilience and wellbeing in children and young people aged 8-14 years

Specific programme of activities delivered in this quarter

- Twilight and evening youth work sessions at YMCA Barnsley, Kendray and Worsbrough Family Centre and Dodworth St Johns Church. The focus this quarter included online safety & self care. This quarter, young people made "Dammit dolls" (pictured) which they can use as a stress relief tool
- Primary after school programmes in The Forest Academy, Queens Road, Ward Green, Keresforth, & Joseph Lock Primary schools.
- Secondary School (Horizon Community College) ACE (Arts, Crafts & Enterprise) After School Club and Barnsley Academy, After School Club.
- Locality based Easter Holiday & May Half Term Holiday Provision
- Peer Support Model

Regular review and evaluation is conducted for children and young people accessing YMCA sessions, and feedback from schools and parents has been positive. Examples are available from the area team.



99
Term Time Sessions



1319
Attendances



£3,288
Cashable Value of Volunteering



240
Total Volunteering Hours



223
Supported to improve their emotional wellbeing, social isolation

CAC COMMISSIONED SERVICE



Central Area Council
Central, Dodworth, Kingstone, Stairfoot, Worsbrough



Detached Youth Work

The team maintain regular weekly sessions holding street based sessions in Dodworth Park and surrounding areas. Recent activities have included outdoor team challenges such as rope tangles, spiders web and problem-solving challenges, exploring roles within a group together and hopefully creating an understanding of self and what the individual can offer in a group situation. The team also facilitated art workshops (paints, pastels, charcoal and printing).

"Newsroom activities" are a great way to engage young people interested in drama & creative writing, while having fun. Filming the activity can be a useful tool to review progress, including learning, confidence, self-esteem, and concentration for both staff members and young people.



10
Detached Sessions



70
Attendances



£685
Cashable Value of Volunteering



50
Total Volunteering Hours



9
Supported to improve their emotional wellbeing, social isolation

YOUTH WORK FUND



Central Area Council
Central, Dodworth, Kingstone, Stairfoot, Worsbrough



Streetsmart

In quarter 4 of 2022-23, mental health and drug use were identified as main issues, and work continued this quarter to address them. Additionally, there has been an increase in demand for sporting activities. Engagement has been positive and strong, with a multitude of sessions, activities, and workshops held across all four wards.

THE YOUTH ASSOCIATION

growing yorkshire's future

Primary Objectives

- Young people improve mental wellbeing and self awareness
- Young men develop their understanding of masculinity
- Young women empowered through participation in sporting activity and creative arts
- Young people improve their understanding of crime and violence



410
Young people engaged



29
Volunteers



2,493.40
Cashable Value of Volunteering



£14,990
Additional funding e.g. donations, matched funding etc.



182
Total Volunteering Hours



77
Supported to improve their emotional wellbeing, social isolation





Clean and Green

Twiggs primarily works with community groups and volunteers in specific central area wards during the week, offering support through a variety of clean and green tasks and activities.

TWIGGS
Grounds Maintenance LTD



Case studies this quarter



- Kendray Community Group
- Dodworth & Gilroyd Family Enablement Centre
- Pogmoor Pickers
- Barnsley College Collaboration
- Barnsley Employability Group

All case study narratives and videos are available from the area team



Activities By Ward This Quarter

Central (Mondays)	25
Dodworth (Tuesdays)	38
Kingstone (Wednesdays)	24
Stairfoot (Fridays)	23
Worsbrough (Thursdays)	25



364
Adult Volunteers



12
Community Groups Supported



£8,446
Cashable Value of Volunteering



616
Total Volunteering Hours



17
Partners & Businesses collaborated with



497
Bags Removed

CAC COMMISSIONED SERVICE



Central Area Council
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SLA: Safer Neighbourhood Service

CAC SLA funds a Targeted household flytipping (environmental) officer and a Housing and Cohesion officer.



BARNLSLEY
Metropolitan Borough Council

The work done by these officers ranges from antisocial behaviour investigations, environmental pollution investigations, neighbourhood cleansing and supporting vulnerable residents working closely with other partners such as Housing enforcement, Social Services, etc



19
Households improved



158
"Pin on the map"
Proactive Jobs handled



21
Side Waste Investigations



118
Fly-tipping / Duty of care



140
Letters issued



5
Drug related activity



CAC COMMISSIONED SERVICE



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Uplift Project



Summer Lane Estate - Area 1

The project is currently active and in progress with several suggestions for estate development, including hosting community events to bring everyone together. Additionally, providing inclusive activities for the youth residing in the estate is being considered. The CDO for the area is in contact with YMCA regarding possible sessions. Finally, creating a dog-walking group is another idea that is being explored.



8

Adult Volunteers



3

Community Groups Supported



£137.00

Cashable Value of Volunteering



10

Total Volunteering Hours



Dodworth/Gilroyd - Area 2 Project Update

The project is progressing well and is currently active. The uplift team has been offered the opportunity to be "key holders" at Dodworth Library if they need to use the library for large events outside of normal working hours. The Wharncliffe Community Centre has also granted access to their premises for group activities, if needed.

Worsbrough - Area 3

The team are currently identifying target areas for development.